



# Benefits of Creative Play for Kids

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Play is children's most natural state of development. It can be either creative or regulated by rules, as, for example, chess. Creative play is free from any rules or conditions, and it is this type of play that causes a lot of interest. Researchers throughout the globe study the subject matter in order to understand how it influences children's development.

Creative play, unconditioned by any rules, involves kids' whole body and senses. They manipulate and touch various materials and objects. The younger the children are, the more important it is for them to perceive the world through senses. Actively using their large and small muscles, children develop healthy, strong, and complete neurological connections in their brain.

Creative play means playing different roles. This helps kids solve problems and cope with new circumstances. Imaginative play lets kids practice real life skills. One day they can be shop assistants, and another day they can try their hand at treating animals. In everyday life kids normally use very limited vocabulary, while through play they may resort to various tenses and expressions that constitute their passive lexicon.

Well-developed imagination helps kids grow into creative adults, who can solve problems, think out of the box, and innovate. In other words, creative play helps kids grow into active doers not just simple consumers.

