

How to Introduce Children to Music

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In our previous blog post we discussed the effects of music on children. It influences emotions, makes learning easier and contributes to the all-round development of a child. A lullaby, for example, can soothe a fussy baby, and classical music can improve kids' spatial reasoning.

Here are just a few reasons to introduce kids to music. Don't know where to start from? Take a look at the following ideas!



Expose your child to a variety of styles and genres, but keep the volume down because kids hear better than adults do.

- Sing to your baby. It doesn't matter whether you're good at singing or not. Hearing a parent's voice creates a feeling of comfort and security, contributes to the well-being of your child, and helps her perceive the language.
- Sing with your child! This is a lot of fun and will set you in a good mood!
- Accompany your daily routine with music – cook to music, clean to music, etc.
- Create a family band where each member plays a real or improvised musical instrument.

For more ideas check out this website:

<https://www.kidshealth.org/en/parents/schoolage-music.html#>



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